

FPI Family Peace Initiative

Compassion • Integrity • Expertise

Facilitator Training Series Level 2: The Affective Component

In the highly experiential approach that the Family Peace Initiative has become known for, *The Affective Component* builds on the tools introduced in the Art of Facilitation. This workshop teaches techniques and strategies that can be instantly applied to explore the adverse emotional world of group participants without ever providing an excuse for cruel behavior.

Implementing an affective component into a group program can bring a new level of intensity and exploration. This workshop will allow facilitators to practice how to manage emotional spaces, and witness the transformational growth that can come with this approach.

In this two-day training experience, participants will learn:

- The impact of the Enlightened Witness
- Expanding on the “Shadow” concept
- How to guide participants down the emotional “funnel”
- Working with adverse feelings
- Psychological defenses: recognizing and getting past them
- Addressing shame with participants
- And much more!

* As the FPI approach is taught in a progressive manner through the 3 workshops, The Level 1 *Art of Facilitation* is a prerequisite for the Level 2 *Affective Component*, and Level 3 *Mastering the Family Peace Initiative* training workshops.

The Affective Component in BIP training enables the attendee to add a new dimension into their facilitation approach. With the Level 2 training completed, the Level 3 workshop, *Mastering the Family Peace Initiative Approach*, is the capstone that will pull everything together.

“Really impressed with your ability to establish safety and conduct an engaging training via Zoom. Well done!”

“Looking forward to Part 3! Thank you so much for such an informative and moving experience.”